

# **Los Angeles Port Police Dive Team Advanced and Rescue Diver Training Schedule**

**Date:**

## **Day 1 -**

0600-1100: administration, material lectures & Intro to hull/pier sweep  
lecture & power point

1100- 1200: Lunch

1200-1530: Confined water drills (TBD) & full face mask certification

1530-1600: clean & secure equipment/facility

1600-1630: wellness check & EOW

## **Day 2 -**

0600 - 1530: Open water skills (location TBD) - boat diving, full face mask,  
u/w navigation & rescue (3 dives) (TBD)

1530-1600: clean & secure equipment/facility

1600-1630: wellness check & EOW

## **Day 3 -**

0600-1100: Open water skills (location TBD) - deep, u/w navigation, wreck &  
rescue (1 dive)

1100-1200: Lunch

1200-1500: Open Water Skills (location TBD) - u/w navigation, search &  
recovery and rescue (1 dive)

1500-1600: clean & secure equipment/facility

1600-1630: wellness check & EOW

## **Day 4 -**

0600-1030: Open water skills (location TBD) - wreck, u/w navigation, search  
& recovery and rescue (1 dive)

1030 -1100: Lunch

1100-1430: Open water skills (location TBD) - wreck, u/w navigation, search  
& recovery and rescue (1 dive)

1430-1600: wellness check & EOW

1600-1630: wellness check & EOW