

## Exhibit A: Grant Summary

**Grantor** Harbor Community Benefit Foundation  
**Program** Healthy Harbor Grants, Round 3

**Organization** Breathe California of Los Angeles County  
**Co-Applicant** San Pedro & Peninsula YMCA

**Address** BREATHE LA: 5858 Wilshire Blvd., Suite 300, Los Angeles, CA 90036  
 YMCA: 301 S. Bandini St., San Pedro, CA 90731

**Phone** 323-935-8050  
**Contact** Esteban Martorell  
**E-mail** emartorell@breathela.org

**Program** Better Breathers Club and Beyond Rehab      **Funding** \$ 80,000

**Summary** This grant will establish a support network for San Pedro and Wilmington residents suffering from COPD; equip residents with resources to diagnose, manage, and reduce health related symptoms; and link them to medical homes to increase preventative care.

### Deliverables (from Work Plan)

- 1 In collaboration with the San Pedro YMCA, engage 15 – 20 key organizational leaders to help coordinate COPD/lung health workshops with their stakeholders
- 2 Conduct COPD health assessments for approx. 500 participants of adult lung health workshops in San Pedro.
- 3 Identify participants with a likely high risk of COPD, recommend them for clinical follow-up, connecting them to resources, including the Harbor Community Clinic in San Pedro.
- 4 Ensure at least 25% follow-up from participating individuals, in collaboration with Harbor Community Clinic.
- 5 Provide in-home resources and information to yield lung health improvements for at least 25% of adult lung health workshop participants in San Pedro and Wilmington.

**Nexus** The proposed project mitigates, reduces, or addresses the Port's health impact on the Harbor area; it is a reasonable and appropriate measure to address this impact because it mitigates an industrial port environment through:

**diagnosis & treatment, supplies, health education, outreach, and access to respiratory disease resources**

to provide community benefits to the area affected by such Port impacts. This program conforms to the requirements of the TraPac MOU.

### Reporting Deadlines

	Period Ends	Report Due
6-Month	9/30/14	10/31/14
12-Month	3/31/15	4/30/15

### Disbursement Schedule

1	2*	Total
\$ 40,000	\$ 40,000	\$ 80,000

Grantee Initials \_\_\_\_\_  
 HCBF Initials \_\_\_\_\_

\*Second disbursement provided after receipt of 6-month report

## Exhibit A: Grant Summary

**Grantor** Harbor Community Benefit Foundation

**Program** Healthy Harbor Grants, Round 3

**Organization** Harbor Community Clinic  
**Co-Applicant**

**Address** 593 West 6th Street, San Pedro, CA 90731

**Phone** 310-547-8241

**Contact** Tamra King

**E-mail** tking@thehcc.net

**Program** Certified Enrollment Counseling **Funding** \$ 38,000

**Summary** This grant will register HCC as a Certified Enrollment Entity, to help harbor area residents suffering from respiratory illnesses enroll in health plans under the CA Health Benefit Exchange (CHBE), increasing access to affordable healthcare services; includes employment and training of a Certified Enrollment Counselor (1 FTE)

### Deliverables (from Work Plan)

- 1 Train and certify a bilingual (Spanish/English) Certified Enrollment Counselor (CEC)
- 2 Completion and approval of health care applications under the Affordable Care Act for patients suffering from respiratory related illnesses  
 Outreach Coordinator will document participation at 12 to 14 events, health fairs, and meetings each month in order to reach a potential audience of 5,000 local residents a year, to include asthma and COPD patients.  
 CEC will assist approximately 1,400 income qualified individuals, including those suffering from
- 3 respiratory related illnesses, to enroll with Medi-Cal, subsidized and non-subsidized Covered CA plans.
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#### health education, outreach, and access to respiratory disease services

to provide community benefits to the area affected by such Port impacts. This program conforms to the requirements of the TraPac MOU.

### Reporting Deadlines

	Period Ends	Report Due
6-Month	9/30/14	10/31/14
12-Month	3/31/15	4/30/15

### Disbursement Schedule

1	2*	Total
\$ 19,000	\$ 19,000	\$ 38,000

Grantee Initials \_\_\_\_\_  
 HCBF Initials \_\_\_\_\_

\*Second disbursement provided after receipt of 6-month report

## Exhibit A: Grant Summary

**Grantor** Harbor Community Benefit Foundation  
**Program** Healthy Harbor Grants, Round 3

**Organization** Los Angeles BioMed  
**Co-Applicant**

**Address** 1124 West Carson Street, Torrance, CA 90502

**Phone** 310-222-4240

**Contact** Juan Aceves

**E-mail** jaceves@labiomed.org

**Program** Summer Fellowship Program **Funding** \$ 67,000

**Summary** This grant expands an established 8-week summer fellowship program, adding 20 students from Wilmington and San Pedro; students will investigate the effects of port related impacts on respiratory health in the Harbor community; includes a stipend for each student.

### Deliverables (from Work Plan)

- 1 Provide quality respiratory health and biomedical science education to 20 high schools students from Wilmington and San Pedro.
- 2 Assign mentors who are accomplished medical science researchers and expose students to a real life science lab where they can research the effects of port related impacts on respiratory health.
- 3 Provide exposure to careers in biomedical sciences and medical training to include careers that address respiratory illnesses attributed to port pollution.
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#### health education, outreach, and access to respiratory disease services

to provide community benefits to the area affected by such Port impacts. This program conforms to the requirements of the TraPac MOU.

### Reporting Deadlines

	Period Ends	Report Due
6-Month	9/30/14	10/31/14
12-Month	3/31/15	4/30/15

### Disbursement Schedule

1	2*	Total
\$ 33,000	\$ 34,000	\$ 67,000

Grantee Initials \_\_\_\_\_

HCBF Initials \_\_\_\_\_

\*Second disbursement provided after receipt of 6-month report

## Exhibit A: Grant Summary

**Grantor** Harbor Community Benefit Foundation

**Program** Healthy Harbor Grants, Round 3

**Organization Co-Applicant** Long Beach Alliance for Children with Asthma (LBACA)

**Address** 2651 Elm Avenue, Suite 100, Long Beach, CA 90806

**Phone** (562) 933-5650

**Contact** Jessica Tovar

**E-mail** jmartinez6@memorialcare.org

**Program** Community Health Workers (CHW) **Funding** \$ 70,000

**Summary** This grant will continue support for the Community Health Worker (CHW) program in Wilmington, which provides free in-home intervention for low-income families with children suffering from asthma; educates and provides free non-toxic cleaning supplies and asthma/COPD/air pollution education.

### Deliverables (from Work Plan)

- 1 Enroll at least 60 Wilmington and San Pedro low income families in the CHW program. Monitor and report changes from the pre and post assessments: tracking missed days of school, ER visits, hospitalizations, and more.
- 2 Report on the pre-post assessment measures, including the change in behaviors that identify and control avoidable asthma triggers from their home environment.
- 3 Continue to connect with community partners in Wilmington and San Pedro to offer air pollution and health effects classes. Conduct 15 Asthma 101 classes and 6 Air Pollution classes.
- 4 Offer Wilmington community members opportunities to become involved and join the LBACAA-Team.
- 5 Conduct at least 4 asthma trainings for school and clinic personnel, including the Wilmington Community Clinic and Tzu Chi Medical Foundation

**Nexus** The proposed project mitigates, reduces, or addresses the Port's health impact on the Harbor area; it is a reasonable and appropriate measure to address this impact because it mitigates an industrial port environment through:

**supplies, health education, outreach, and access to respiratory disease services**

to provide community benefits to the area affected by such Port impacts. This program conforms to the requirements of the TraPac MOU.

### Reporting Deadlines

	Period Ends	Report Due
6-Month	9/30/14	10/31/14
12-Month	3/31/15	4/30/15

### Disbursement Schedule

1	2*	Total
\$ 35,000	\$ 35,000	\$ 70,000

Grantee Initials \_\_\_\_\_  
HCBF Initials \_\_\_\_\_

\*Second disbursement provided after receipt of 6-month report

## Exhibit A: Grant Summary

**Grantor** Harbor Community Benefit Foundation

**Program** Healthy Harbor Grants, Round 3

**Organization** Rainbow Services  
**Co-Applicant**

**Address** 453 W. 7th Street, San Pedro, CA 90731

**Phone** 310-548-5450

**Contact** Ben Schirmer

**E-mail** bschirmer@rainbowservicesdv.org

**Program** Health Services Specialist **Funding** \$ 12,000

**Summary** This grant will provide respiratory health education and access to respiratory related services for a vulnerable population in San Pedro and Wilmington.

### Deliverables (from Work Plan)

- 1 Increase preventative care, screening and treatment of respiratory illnesses attributed to Port pollution for approximately 235 underserved families in San Pedro and Wilmington.  
 Families experiencing respiratory illnesses develop an individualized family health management plan
- 2 ("Plan of Care") that includes referrals and regular access to preventative care, including services provided by Harbor Community Clinic's dedicated asthma clinic.
- 3 In coordination with case management team, the specialist will monitor and report on respiratory patient success based on Plan of Care.
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**Nexus** The proposed project mitigates, reduces, or addresses the Port's health impact on the Harbor area; it is a reasonable and appropriate measure to address this impact because it mitigates an industrial port environment through:

**health education, outreach, and access to respiratory disease services**

to provide community benefits to the area affected by such Port impacts. This program conforms to the requirements of the TraPac MOU.

### Reporting Deadlines

	<b>Period Ends</b>	<b>Report Due</b>
<b>6-Month</b>	9/30/14	10/31/14
<b>12-Month</b>	3/31/15	4/30/15

### Disbursement Schedule

<b>1</b>	<b>2*</b>	<b>Total</b>
\$ 12,000		\$ 12,000

Grantee Initials \_\_\_\_\_  
 HCBF Initials \_\_\_\_\_

\*Second disbursement provided after receipt of 6-month report

## Exhibit A: Grant Summary

**Grantor** Harbor Community Benefit Foundation

**Program** Healthy Harbor Grants, Round 3

**Organization** Robert F. Kennedy Institute  
**Co-Applicant**

**Address** 544 N. Avalon Blvd., Suite 309, Wilmington, CA 90744

**Phone** 310-834-3484

**Contact** Dr. Peter Rivera

**E-mail** rfkiinst@sbcglobal.net

**Program** Promotora (Community Health Worker)                      **Funding**        \$                      46,000

**Summary** This grant is for a "Promotora," or Community Health Worker (CHW), to provide education, enrollment services, and resources to San Pedro and Wilmington residents suffering from respiratory illnesses as a result of port pollution. This program excludes any efforts currently funded by the China Shipping funds, expanding the reach to include San Pedro, the program offers additional services in response to the Affordable Health Care Act.

**Deliverables (from Work Plan)**

Target 950 residents in San Pedro and Wilmington to participate in workshops addressing respiratory illnesses attributed to Port pollution; facilitate access to community clinics and health centers in the harbor area to address these respiratory illnesses

2 Target 95 residents identified with respiratory illnesses within Wilmington and San Pedro to be assisted by Promotora to complete and submit enrollment applications for healthcare benefits.

3 Target 45 residents identified with respiratory illnesses in San Pedro and Wilmington for one-on-one counseling to facilitate access to local preventative health care and treatment of on going asthma and COPD illnesses.

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**health education, outreach, and access to respiratory disease services**

to provide community benefits to the area affected by such Port impacts. This program conforms to the requirements of the TraPac MOU.

**Reporting Deadlines**

	<b>Period Ends</b>	<b>Report Due</b>
<b>6-Month</b>	9/30/14	10/31/14
<b>12-Month</b>	3/31/15	4/30/15

**Disbursement Schedule**

<b>1</b>	<b>2*</b>	<b>Total</b>
\$ 10,000	\$ 36,000	\$ 46,000

Grantee Initials \_\_\_\_\_  
HCBF Initials \_\_\_\_\_

\*Second disbursement provided after receipt of 6-month report

## Exhibit A: Grant Summary

**Grantor** Harbor Community Benefit Foundation

**Program** Healthy Harbor Grants, Round 3

**Organization** St. Mary Medical Center  
**Co-Applicant**

**Address** 1050 Linden Avenue, Long Beach, CA

**Phone** 562-491-9225

**Contact** Tiffany Cantrell

**E-mail** Tiffany.Cantrell@dignityhealth.org

**Program** Breathe Easy Mobile Care Clinic **Funding** \$ 125,000

**Summary** This grant will bring St. Mary's mobile care clinic into Wilmington for a minimum of six hours of clinic operation, one day per week, for 50 weeks (300 hours); at no cost to low-income patients. Medical staff to include Respiratory Therapist, Nurse Practitioner, Social Worker, Case Manager. Equipment/tests include Pulmonary Function Tests, Spirometry Test, Cardio-Pulmonary diagnostics, EKG, and more.

### Deliverables (from Work Plan)

- 1 Over a one-year period, target 1,050 patient visits, average 21 visits per clinic day. Patient visits receive treatment, diagnosis and screenings on the Mobile unit.
- 2 Provide screening, diagnosis, and treatment for respiratory and heart-related disorders
- 3 Provide connection to local health services and follow-up for Wilmington patients to ensure adherence to treatment plan
- 4 Support future development of community-based outreach and health programs through collaboration with Wilmington based health providers.
- 5

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**diagnosis & treatment, supplies, education, outreach, and access to respiratory disease services**

to provide community benefits to the area affected by such Port impacts. This program conforms to the requirements of the TraPac MOU.

### Reporting Deadlines

	Period Ends	Report Due
6-Month	9/30/14	10/31/14
12-Month	3/31/15	4/30/15

### Disbursement Schedule

1	2*	Total
\$ 62,000	\$ 63,000	\$ 125,000

Grantee Initials \_\_\_\_\_

HCBF Initials \_\_\_\_\_

\*Second disbursement provided after receipt of 6-month report

## Exhibit A: Grant Summary

**Grantor** Harbor Community Benefit Foundation

**Program** Healthy Harbor Grants, Round 3

**Organization** The Children's Clinic  
**Co-Applicant**

**Address** 2790 Atlantic Ave, Long Beach, CA 90806

**Phone** 562-933-0400

**Contact** Penelope Leon

**E-mail** pleon@thechildrensclinic.org

**Program** Bridge To Health **Funding** \$ 90,000

**Summary** This grant will continue support for the Bridge to Health program in San Pedro and Wilmington, which provides diagnosis and treatment for children, the elderly, and pregnant women suffering from respiratory illness due to Port-related pollution; this will also increase access to enrollment for medical coverage through the Affordable Health Care Act.

### Deliverables (from Work Plan)

- 1 Counsel and meet with at least 20 patients from Wilmington and/or San Pedro
- 2 At least 20 participants from Wilmington and San Pedro enroll in Asthma Community Health Worker Intervention.  
 At least 20 participants in Wilmington and San Pedro successfully complete Asthma 101 for Adults and Children, Healthy Lifestyles for the Family, and Familia Saludable, Familia Feliz, for parents of overweight children.
- 3 At least 400 community members educated and informed on health care access and health insurance coverage
- 4 At least 150 TCC patients educated and informed in clinic settings in Wilmington and San Pedro

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### Reporting Deadlines

	Period Ends	Report Due
6-Month	9/30/14	10/31/14
12-Month	3/31/15	4/30/15

### Disbursement Schedule

1	2*	Total
\$ 45,000	\$ 45,000	\$ 90,000

Grantee Initials \_\_\_\_\_  
 HCBF Initials \_\_\_\_\_

\*Second disbursement provided after receipt of 6-month report

## Exhibit A: Grant Summary

**Grantor** Harbor Community Benefit Foundation

**Program** Healthy Harbor Grants, Round 3

**Organization** Tzu Chi Medical Foundation  
**Co-Applicant**

**Address** 1355 Broad Ave. Wilmington CA, 90744

**Phone** 310-684-4466

**Contact** Hui-Ping Wang

**E-mail** Huiping\_wang@us.tzuchi.org

**Program** Healthy Lifestyles **Funding** \$ 22,000

**Summary** This grant will help residents take control of their respiratory and related symptoms through health education, group and guided exercise program, resources, and supplies.

### Deliverables (from Work Plan)

- 1 Conduct health talks, outreach, and health fairs. Collaborate with HCBF to conduct the annual Wilmington Health Fair, to be held in March.
- 2 Help residents of Wilmington and San Pedro, especially seniors, relieve stress and asthma symptoms through direct service and education.
- 3 Help residents use various methods of exercise to live a healthier and more positive emotional, physical and overall lifestyle.
- 4 Teach residents to use recycled containers to care for and nurture indoor plants, to capture particulate matter and offer minor relief for symptoms of air pollution.
- 5

**Nexus** The proposed project mitigates, reduces, or addresses the Port's health impact on the Harbor area; it is a reasonable and appropriate measure to address this impact because it mitigates an industrial port environment through:

#### health education, outreach, and access to respiratory disease services

to provide community benefits to the area affected by such Port impacts. This program conforms to the requirements of the TraPac MOU.

### Reporting Deadlines

	Period Ends	Report Due
6-Month	9/30/14	10/31/14
12-Month	3/31/15	4/30/15

### Disbursement Schedule

1	2*	Total
\$ 22,000		\$ 22,000

Grantee Initials \_\_\_\_\_  
 HCBF Initials \_\_\_\_\_

\*Second disbursement provided after receipt of 6-month report