

**Los Angeles Port Police Dive Team
Full Face Mask**

- 0700-0800 Introduction
Course Introduction & Definitions
Learning Objectives
Mask nomenclature
Mask pre-dive & post-dive inspection
- 0830-1030 Full Face Mask (FFM) Performance Requirements Confined water
Stretching (pool)
Knowledge Review/Practical Skills
1. pre-dive mask inspection
 2. Mask drills
 - a. partial flood & clear the mask
 - b. full flood & clear the mask
 - c. remove FFM & don mask
 - d. remove FFM, breathe from an alternate air source and don personal breakup mask while underwater
 3. Controlled ascent
- 1030-1130 Lunch
- 1130-1330 Performance Requirements (Open Water- Dive 1)
- Don and Doff FFM above the water
 - Demonstrate a controlled descent
 - Demonstrate a partial flood and clear the FFM
 - Demonstrate a complete flood and clear the FFM
 - Controlled ascent
- 1400-1500 Performance Requirements (Open Water – Dive 2)
- Don and Doff FFM above the water
 - Demonstrate a controlled descent
 - Demonstrate an out-of-air emergencies procedure with alternate air source supplied by another diver
 - Demonstrate a partial flood and clear the FFM
 - Demonstrate a complete flood and clear the FFM
 - Familiarization with the FFM dive
 - Controlled ascent
- 1500-1630 Clean, Secure equipment & Debrief

WELLNESS CHECK