Los Angeles Port Police Dive Team
Full Face Mask

0700-0800  Introduction
Course Introduction & Definitions
Learning Objectives
Mask nomenclature
Mask pre-dive & post-dive inspection

0830-1030  Full Face Mask (FFM) Performance Requirements Confined water
Stretching (pool)
Knowledge Review/Practical Skills
  1. pre-dive mask inspection
  2. Mask drills
     a. partial flood & clear the mask
     b. full flood & clear the mask
     c. remove FFM & don mask
     d. remove FFM, breathe from an alternate air source and don personal breakup mask while underwater
  3. Controlled ascent

1030-1130  Lunch

1130-1330  Performance Requirements (Open Water- Dive 1)
  • Don and Doff FFM above the water
  • Demonstrate a controlled descent
  • Demonstrate a partial flood and clear the FFM
  • Demonstrate a complete flood and clear the FFM
  • Controlled ascent

1400-1500  Performance Requirements (Open Water – Dive 2)
  • Don and Doff FFM above the water
  • Demonstrate a controlled descent
  • Demonstrate an out-of-air emergencies procedure with alternate air source supplied by another diver
  • Demonstrate a partial flood and clear the FFM
  • Demonstrate a complete flood and clear the FFM
  • Familiarization with the FFM dive
  • Controlled ascent

1500-1630  Clean, Secure equipment & Debrief

WELLNESS CHECK